



## Media Release

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**FOR IMMEDIATE RELEASE**

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**Save the date: The 13<sup>th</sup> Annual John May Mile & 5K!  
Chief Martin Flatley to be honored with 2018 Older Americans Champion Award**

GREENPORT, N.Y., March 20, 2018 — Time to start training! The 13th Annual John May Mile & 5K benefitting the Greenport Fire Department will take place Saturday, May 12 at One Brecknock Road in Greenport.

The East End's premier *Older Americans Month* celebration, the race is open to runners and walkers of all ages and fitness abilities, offering both a relaxed mile-long walk and a more challenging 3.1-mile run. More than 400 participants are expected to run with more than 150 volunteers, including students from area school districts helping throughout the day.

This intergenerational event promotes health and wellness through community involvement and sponsorship in celebration of *Older Americans Month*. For 55 years, *Older Americans Month* has been observed to recognize older Americans and their contributions to our communities. Led by the Administration for Community Living's Administration on Aging, every May offers opportunity to hear from, support, and celebrate our nation's seniors.

Since kicking-off in 2005, the annual John May Mile benefit has raised more than \$239,800 for the Greenport Fire Department. Last year's campaign contributed a total of \$24,800, helping to purchase, refurbish and maintain rescue equipment vital to keeping fire department volunteers safe during response efforts.

"The annual donation means a great deal to us. It allows us to purchase items which are not normally within our budget. The money donated last year enabled the department to do a complete renovation of the fire bell and refurbishment and cleaning of the Firefighters Memorial located at Greenport FD Headquarters. The donation money also funded the fire department picnic for the members and their families," said Chief Jeffrey Weingart of the GFD. "Additionally we were also able to purchase about 50 trench coats to complement the department uniforms in case of inclement weather during events. The Greenport Fire Department members and their families truly appreciate the generous donations from Peconic Landing's John May Mile event for the past 12 years."

The family-friendly event offers a free Kid Fun Zone with activities for all ages. A yoga warm-up will also be available with instruction provided by Peconic Landing's team of personal trainers.

Registration and stretching begin at 8 a.m. at Brecknock Hall with the race and walk to start at 10 a.m. Online registration is available at: <https://peconiclanding.org/event/john-may-mile-2018/>

Pre-registration is recommended however participants can register the day of the event.

- 5K Race Entry Fee: \$20.00 for pre-registration, \$15.00 for students (\$25.00 day of event registration)
- John May Mile Entry Fee: \$10 per adult, \$5 for 14 & under or 55 & older

A barbecue lunch with live music and awards ceremony will follow at 11:15 a.m. on the back lawn of Brecknock Hall, where goods from area businesses – including gift certificates and donated goods – will be raffled off with all proceeds benefitting the department.

Peconic Landing will also present the annual Older Americans Champion Award in honor of Older American's Month to the Chief Martin Flatley of the Southold Town Police Department.

The annual award honors local individuals or organizations for their years of service and continued dedication to older Americans, acknowledging the contributions they make to improve the lives of seniors on the East End.

"Police Chief Martin Flatley has dedicated his more than 40-year career in law enforcement to keeping the men and women of Southold Town safe, including our area seniors," said Robert J. Syron, President/CEO of Peconic Landing. "As Police Chief, he helps educate and advocate for the needs of seniors in the community and understands what it takes to keep our seniors safe. It is very fitting that we recognize him with the 2018 Older Americans Champion Award."

In 2016, Peconic Landing renamed the fundraiser race in recognition of John M. May of Southold, its longtime board chairman, for his many contributions made to the Peconic Landing community and beyond.

John May served as Chair of the Board of Trustees for more than a decade, working to help the not-for-profit provide quality care and accommodations for all of its members. Mr. May played a vital role in bringing the retirement community to Greenport, with a goal of creating a community hub that benefits all residents of the North Fork.

Times/Review Media Group has signed on as Media Sponsor for the event. Those interested in sponsoring the event or donating a raffle prize are asked to contact [info@peconiclanding.com](mailto:info@peconiclanding.com). All proceeds benefit the Greenport Fire Department. We appreciate your support!

To learn more about the John May Mile & 5K race or Peconic Landing, please visit <https://peconiclanding.org/event/john-may-mile-2018/>.

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**Peconic Landing is an innovative, not-for-profit CCAC-CARF-accredited continuing care retirement community (CCRC) located on the waterfront in Greenport, N.Y., on the North Fork of Long Island. Among its long list of achievements, Peconic Landing is the only equity-based LifeCare community in the state of New York. It is a member of LeadingAge and LeadingAge New York and embraces a healthy, active lifestyle infused with a sense of exploration, creativity and generosity of spirit.**