

**NEXDINE - 2024 SPRING WEEK #1**

| <b>MONDAY</b>   | <b>\$</b> | <b>TUESDAY</b>  | <b>\$</b> | <b>WEDNESDAY</b>                                      | <b>\$</b> | <b>THURSDAY</b>                                       | <b>\$</b> | <b>FRIDAY</b>   | <b>\$</b> | <b>SATURDAY</b>                                       | <b>\$</b> |
|---|-----------|---|-----------|---|-----------|---|-----------|---|-----------|---|-----------|
| <i><b>SOUP</b></i>  |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           |
| TUSCAN WHITE BEAN   | 2         | GARDEN VEGETABLE                                      | 2         | CREAM OF CELERY                                       | 2         | STUFFED PEPPER  | 2         | SEAFOOD GUMBO   | 2         | SPINACH TORTELLINI                                    | 2         |
|   |           |   |           |   |           |   |           |   |           |   |           |
| LS CONSOMMÉ<br>CHICKEN & RICE                             | 2         | LS CONSOMMÉ<br>CHICKEN & RICE                         | 2         | LS CONSOMME<br>CHICKEN & RICE                         | 2         | LS CONSOMME<br>CARROT LEEK                            | 2         | LS CONSOMME<br>CARROT LEEK                            | 2         | LS CONSOMME<br>CARROT LEEK                            | 2         |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>SALAD</b></i>                                       |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           |
| NIÇOISE   | 2         | RED POTATO & DILL                                     | 2         | MARINATED TOMATO                                      | 2         | DUET OF GREENS  | 2         | CAESAR  | 2         | ASPARAGUS & ARUGULA                                   | 2         |
| HOUSE SALAD   | 2         | HOUSE SALAD   | 2         | HOUSE SALAD   | 2         | MESCLUN   | 2         | MESCLUN   | 2         | MESCLUN   | 2         |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>ENTRÉE</b></i>                                      |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           |
| MARINATED<br>FLANK STEAK                                  | 10        | PIT HAM W/<br>FENNEL & APRICOT GLAZE                  | 10        | DIJON MARINATED<br>HANGER STEAK                       | 10        | GRILLED PORK CHOP W/<br>BLUEBERRY SAUCE               | 10        | ROMAN LAMB<br>STEW                                    | 10        | ROAST<br>RIBEYE OF BEEF                               | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| RHUBARB & HONEY<br>CHICKEN                                | 10        | SEARED AHI TUNA W/<br>TWO AIOLI DRIZZLE               | 10        | CLASSIC CHICKEN<br>OSCAR                              | 10        | CHICKEN<br>FRANCESE                                   | 10        | CHICKEN<br>MARENGO                                    | 10        | SEAFOOD STUFFED<br>SOLE                               | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| CALIFORNIA<br>PIZZA                                       | 10        | FRESH FIG & BACON<br>QUICHE                           | 10        | SPRING GREEN SALAD<br>TOPPED W/ SHRIMP                | 10        | CLASSIC FRENCH DIP<br>AU JUS                          | 10        | MAHI MAHI W/<br>CITRUS SALSA                          | 10        | VEGETABLE<br>LO MEIN                                  | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>VEGETABLE</b></i>                                   |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           |
| PEAS & CARROTS<br>MIXED VEGETABLES                        |           | BOK CHOY W/ SHIITAKE<br>ROASTED ACORN SQUASH          |           | HARICOT VERT<br>CORN O'BRIEN                          |           | BROCCOLI<br>SPAGHETTI SQUASH                          |           | GRILLED ZUCCHINI<br>PARM ROASTED CAULIFLOWER          |           | SAUTEED SPINACH<br>JULIENNE VEGETABLE                 |           |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>STARCH</b></i>                                      |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           |
| ROASTED RED POTATOES<br>KANSAS RICE BLEND<br>BAKED POTATO |           | MAC & CHEESE<br>JASMINE RICE<br>SWEET POTATO          |           | GARLIC MASHED POTATOES<br>PESTO ORZO<br>BAKED POTATO  |           | STEAK FRIES<br>SCALLION RICE<br>SWEET POTATO          |           | PARSLEY NOODLES<br>FRIED RICE<br>BAKED POTATO         |           | TWICE BAKED<br>RICE PILAF<br>SWEET POTATO             |           |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>LIGHTER FARE ENTRÉE</b></i>                         |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           |
| CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION     | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>ALTERNATIVE CHOICES</b></i>                         |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           |
| ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        |
| BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        |
| VEGAN BURGER DELUXE                                       | 10        | VEGAN BURGER DELUXE                                   | 10        | VEGAN BURGER DELUXE                                   | 10        | VEGAN BURGER DELUXE                                   | 10        | VEGAN BURGER DELUXE                                   | 10        | VEGAN BURGER DELUXE                                   | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>VEGAN</b></i>                                       |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           |
| CRISPY TOFU W/<br>BALSAMIC TOMATOES                       | 10        | CRISPY TOFU W/<br>BALSAMIC TOMATOES                   | 10        | BLACK BEAN<br>BURRITO BOWL                            | 10        | BLACK BEAN<br>BURRITO BOWL                            | 10        | VEGAN EGGPLANT<br>MEATBALLS w/ NOODLES                | 10        | VEGAN EGGPLANT<br>MEATBALLS w/ NOODLES                | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>DESSERT</b></i>                                     |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           |
| CHOCOLATE MOUSSE  | 2         | NAPOLEON  | 2         | YELLOW CAKE W/ ICING                                  | 2         | LEMOM CREAM CAKE                                      | 2         | CHOCOLATE ÉCLAIR                                      | 2         | BAILEY'S CHOCOLATE CAKE                               | 2         |
| BLUEBERRY PIE   | 2         | CAPPUCCINO COFFEE CAKE                                | 2         | STRWBERRY RHUBARB PIE                                 | 2         | PECAN PIE   | 2         | COCONUT CUSTARD PIE                                   | 2         | PEACH MELBA MOUSSE                                    | 2         |
| ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         |
| A LA MODE/JELLO/PUDDING                                   | 2         | A LA MODE/JELLO/PUDDING                               | 2         | A LA MODE/JELLO/PUDDING                               | 2         | A LA MODE/JELLO/PUDDING                               | 2         | A LA MODE/JELLO/PUDDING                               | 2         | A LA MODE/JELLO/PUDDING                               | 2         |
| FRESH FRUIT CUP   | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         |
| COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         |

Key **GF** Suggestion for Gluten Free **D** Suggestion for Diabetic **LSF** Suggestion for Low Salt/Fat **VG** Suggestion for Vegan

**V** Suggestion for Vegetarian (May contain Dairy)

**NEXDINE - 2024 SPRING WEEK #2**

| <b>MONDAY</b>                     | <b>\$</b> | <b>TUESDAY</b>                    | <b>\$</b> | <b>WEDNESDAY</b>                  | <b>\$</b> | <b>THURSDAY</b>                   | <b>\$</b> | <b>FRIDAY</b>                     | <b>\$</b> | <b>SATURDAY</b>                   | <b>\$</b> |
|-----------------------------------|-----------|-----------------------------------|-----------|-----------------------------------|-----------|-----------------------------------|-----------|-----------------------------------|-----------|-----------------------------------|-----------|
| <i><b>SOUP</b></i>                |           | <i><b>SOUP</b></i>                |           | <i><b>SOUP</b></i>                |           | <i><b>SOUP</b></i>                |           | <i><b>SOUP</b></i>                |           | <i><b>SOUP</b></i>                |           |
| CUBAN BLACK BEAN                  | 2         | CREAM OF ASPARAGUS                | 2         | HAM, CABBAGE, POTATO              | 2         | FENNEL SWEET POTATO               | 2         | MANHATTAN CLAM CHOWDER            | 2         | WHITE BEAN ESCAROLE               | 2         |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| LS CONSOMME                       |           | LS CONSOMME                       |           | LS CONSOMME                       |           | LS CONSOMME                       |           | LS CONSOMME                       |           | LS CONSOMME                       |           |
| GREEK TOMATO ORZO                 | 2         | GREEK TOMATO ORZO                 | 2         | GREEK TOMATO ORZO                 | 2         | CREAM OF MUSHROOM                 | 2         | CREAM OF MUSHROOM                 | 2         | CREAM OF MUSHROOM                 | 2         |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>SALAD</b></i>               |           | <i><b>SALAD</b></i>               |           | <i><b>SALAD</b></i>               |           | <i><b>SALAD</b></i>               |           | <i><b>SALAD</b></i>               |           | <i><b>SALAD</b></i>               |           |
| CUCUMBER DILL                     | 2         | GREEN OLIVE TABBOULEH             | 2         | HARVEST SALAD                     | 2         | CHICKPEA, CARROT                  | 2         | ASPARAGUS DIJONNAISE              | 2         | THREE BEAN                        | 2         |
| MESCLUN                           | 2         | MESCLUN                           | 2         | MESCLUN                           | 2         | HOUSE SALAD                       | 2         | HOUSE SALAD                       | 2         | HOUSE SALAD                       | 2         |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>ENTRÉE</b></i>              |           | <i><b>ENTRÉE</b></i>              |           | <i><b>ENTRÉE</b></i>              |           | <i><b>ENTRÉE</b></i>              |           | <i><b>ENTRÉE</b></i>              |           | <i><b>ENTRÉE</b></i>              |           |
| MEATLOAF                          | 10        | PORK                              | 10        | STEAK                             | 10        | CORNED                            | 10        | TERIYAKI                          | 10        | ROAST STRIPLOIN                   | 10        |
| SWEET ONION MUSHROOM              |           | SCHNITZEL W/ LEMON                |           | FAJITA                            |           | BEEF                              |           | BEEF KEBOB                        |           | OF BEFF                           |           |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| BROILED                           | 10        | MARINATED OREGANO CHICKEN         | 10        | CORNISH HEN W/                    | 10        | BLACKENED CATFISH                 | 10        | DILL POACHED                      | 10        | FLOUNDER                          | 10        |
| FISHERMEN'S PLATTER               |           | GRILLED LEEKS                     |           | PORT WINE BLACKBERRY SAUCE        |           | W/ CRAWFISH BUTTER                |           | SALMON                            |           | FRANÇAISE                         |           |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| ASPARAGUS GOAT CHEESE             | 10        | SPAGHETTI &                       | 10        | COD W/ GREEN OLIVE                | 10        | CHICKEN                           | 10        | THREE CHEESE RAVIOLI W/           | 10        | FETTUCINE W/                      | 10        |
| QUICHE                            |           | MEATBALLS                         |           | & ONION RELISH                    |           | QUESADILLA                        |           | PLUM TOMATO BASIL SAUCE           |           | PROSCIUTTO & PEAS                 |           |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>VEGETABLE</b></i>           |           | <i><b>VEGETABLE</b></i>           |           | <i><b>VEGETABLE</b></i>           |           | <i><b>VEGETABLE</b></i>           |           | <i><b>VEGETABLE</b></i>           |           | <i><b>VEGETABLE</b></i>           |           |
| ROASTED BRUSSELS SPROUTS          |           | KALE & ROASTED GARLIC             |           | SAUTEED SPINACH                   |           | STEAMED CABBAGE                   |           | BROCCOLINI                        |           | HARICOT VERT                      |           |
| RAINBOW CARROTS                   |           | ROAST BUTTERNUT SQUASH            |           | STREET CORN                       |           | CRISPY OKRA                       |           | PAN FRIED JAPANESE EGGPLANT       |           | TOMATO GARNI                      |           |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>STARCH</b></i>              |           | <i><b>STARCH</b></i>              |           | <i><b>STARCH</b></i>              |           | <i><b>STARCH</b></i>              |           | <i><b>STARCH</b></i>              |           | <i><b>STARCH</b></i>              |           |
| MASHED POTATOES                   |           | BUTTERED SPAGHETTI                |           | STEAK FRIES                       |           | BOILED POTATOES                   |           | ROASTED YUKON                     |           | SCALLOP POTATO                    |           |
| RICE PILAF                        |           | ROASTED GARLIC RICE               |           | BROWN RICE QUINOA                 |           | DIRTY RICE                        |           | GREEN GODDESS RICE                |           | SAFFRON RICE                      |           |
| BAKED POTATO                      |           | SWEET POTATO                      |           | BAKED POTATO                      |           | SWEET POTATO                      |           | BAKED POTATO                      |           | SWEET POTATO                      |           |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>LIGHTER FARE ENTRÉE</b></i> |           | <i><b>LIGHTER FARE ENTRÉE</b></i> |           | <i><b>LIGHTER FARE ENTRÉE</b></i> |           | <i><b>LIGHTER FARE ENTRÉE</b></i> |           | <i><b>LIGHTER FARE ENTRÉE</b></i> |           | <i><b>LIGHTER FARE ENTRÉE</b></i> |           |
| CAESAR OR HOUSE SALAD W/          | 10        | CAESAR OR HOUSE SALAD W/          | 10        | CAESAR OR HOUSE SALAD W/          | 10        | CAESAR OR HOUSE SALAD W/          | 10        | CAESAR OR HOUSE SALAD W/          | 10        | CAESAR OR HOUSE SALAD W/          | 10        |
| A DAILY PROTEIN SELECTION         |           | A DAILY PROTEIN SELECTION         |           | A DAILY PROTEIN SELECTION         |           | A DAILY PROTEIN SELECTION         |           | A DAILY PROTEIN SELECTION         |           | A DAILY PROTEIN SELECTION         |           |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>ALTERNATIVE CHOICES</b></i> |           | <i><b>ALTERNATIVE CHOICES</b></i> |           | <i><b>ALTERNATIVE CHOICES</b></i> |           | <i><b>ALTERNATIVE CHOICES</b></i> |           | <i><b>ALTERNATIVE CHOICES</b></i> |           | <i><b>ALTERNATIVE CHOICES</b></i> |           |
| ROAST CHICKEN                     | 10        | ROAST CHICKEN                     | 10        | ROAST CHICKEN                     | 10        | ROAST CHICKEN                     | 10        | ROAST CHICKEN                     | 10        | ROAST CHICKEN                     | 10        |
| BURGER DELUXE                     | 10        | BURGER DELUXE                     | 10        | BURGER DELUXE                     | 10        | BURGER DELUXE                     | 10        | BURGER DELUXE                     | 10        | BURGER DELUXE                     | 10        |
| VEGAN BURGER DEUXE                | 10        | VEGAN BURGER DEUXE                | 10        | VEGAN BURGER DEUXE                | 10        | VEGAN BURGER DEUXE                | 10        | VEGAN BURGER DEUXE                | 10        | VEGAN BURGER DEUXE                | 10        |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>VEGAN</b></i>               |           | <i><b>VEGAN</b></i>               |           | <i><b>VEGAN</b></i>               |           | <i><b>VEGAN</b></i>               |           | <i><b>VEGAN</b></i>               |           | <i><b>VEGAN</b></i>               |           |
| FARRO & GREEN BEAN                | 10        | FARRO & GREEN BEAN                | 10        | VEGAN STUFFED                     | 10        | VEGAN STUFFED                     | 10        | WILD MUSHROOM RISOTTO             | 10        | WILD MUSHROOM RISOTTO             | 10        |
| SALAD W/ WALNUTS                  |           | SALAD W/ WALNUTS                  |           | CABBAGE                           |           | CABBAGE                           |           | W/ TRUFFLE OIL                    |           | W/ TRUFFLE OIL                    |           |
|                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |                                   |           |
| <i><b>DESSERT</b></i>             |           | <i><b>DESSERT</b></i>             |           | <i><b>DESSERT</b></i>             |           | <i><b>DESSERT</b></i>             |           | <i><b>DESSERT</b></i>             |           | <i><b>DESSERT</b></i>             |           |
| APPLE STRUDEL                     | 2         | CRÈME PUFFS                       | 2         | PEACH PIE                         | 2         | LEMON MOUSSE                      | 2         | TRES LECHES                       | 2         | STRAWBERRY LAYER CAKE             | 2         |
| KEY LIME PIE                      | 2         | FRUIT OF THE FOREST               | 2         | CHOCOLATE MOUSSE CAKE             | 2         | RED VELVET CAKE                   | 2         | PEANUT BUTTER PIE                 | 2         | NEW YORK CHEESECAKE               | 2         |
| ICE CREAM                         | 2         | ICE CREAM                         | 2         | ICE CREAM                         | 2         | ICE CREAM                         | 2         | ICE CREAM                         | 2         | ICE CREAM                         | 2         |
| A LA MODE/JELLO/PUDDING           | 2         | A LA MODE/JELLO/PUDDING           | 2         | A LA MODE/JELLO/PUDDING           | 2         | A LA MODE/JELLO/PUDDING           | 2         | A LA MODE/JELLO/PUDDING           | 2         | A LA MODE/JELLO/PUDDING           | 2         |
| FRESH FRUIT CUP                   | 2         | FRESH FRUIT CUP                   | 2         | FRESH FRUIT CUP                   | 2         | FRESH FRUIT CUP                   | 2         | FRESH FRUIT CUP                   | 2         | FRESH FRUIT CUP                   | 2         |
| COOKIES (2)                       | 2         | COOKIES (2)                       | 2         | COOKIES (2)                       | 2         | COOKIES (2)                       | 2         | COOKIES (2)                       | 2         | COOKIES (2)                       | 2         |

Key **GF** Suggestion for Gluten Free **D** Suggestion for Diabetic **LSF** Suggestion for Low Salt/Fat **VG** Suggestion for Vegan **V** Suggestion for Vegetarian (May contain Dairy)

**NEXDINE - 2024 SPRING WEEK #3**

| <b>MONDAY</b>   | <b>\$</b> | <b>TUESDAY</b>  | <b>\$</b> | <b>WEDNESDAY</b>                                      | <b>\$</b> | <b>THURSDAY</b>                                       | <b>\$</b> | <b>FRIDAY</b>   | <b>\$</b> | <b>SATURDAY</b>   | <b>\$</b> |
|---|-----------|---|-----------|---|-----------|---|-----------|---|-----------|---|-----------|
| <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>                                    |           | <i><b>SOUP</b></i>  |           |
| GARLIC BREAD  | 2         | BROCCOLI CHEESE                                       | 2         | VEGETABLE CHICKPEA                                    | 2         | SAUSAGE POTATO KALE                                   | 2         | SHRIMP BISQUE   | 2         | TURKEY RICE   | 2         |
|   |           |   |           |   |           |   |           |   |           |   |           |
| LS CONSOMME<br>POTATO LEEK                            | 2         | LS CONSOMMÉ<br>POTATO LEEK                            | 2         | LS CONSOMMÉ<br>POTATO LEEK                            | 2         | LS CONSOMMÉ<br>CREAM OF SPINACH                       | 2         | LS CONSOMMÉ<br>CREAM OF SPINACH                       | 2         | LS CONSOMMÉ<br>CREAM OF SPINACH                           | 2         |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                   |           | <i><b>SALAD</b></i>                                       |           |
| ASIAN BOK CHOY  | 2         | GARDEN PASTA  | 2         | BLT   | 2         | TOMATO FRESH MOZZARELLA                               | 2         | SUMMER RADISH   | 2         | ARUGULA RADICCHIO PEAR                                    | 2         |
| HOUSE SALAD   | 2         | HOUSE SALAD   | 2         | HOUSE SALAD   | 2         | MESCLUN   | 2         | MESCLUN   | 2         | MESCLUN   | 2         |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                  |           | <i><b>ENTRÉE</b></i>                                      |           |
| BLANQUETTE<br>DE VEAU                                 | 10        | MARINATED<br>SKIRT STEAK                              | 10        | PIT HAM<br>W/ PINEAPPLE RELISH                        | 10        | BEEF &<br>BROCCOLI                                    | 10        | ROAST TURKEY<br>CORNBREAD STUFFING                    | 10        | ROAST<br>FILET OF BEEF                                    | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| GRILLED CHICKEN<br>PENNE A LA VODKA                   | 10        | CRAB STUFFED<br>SHRIMP                                | 10        | CHICKEN<br>MARSALA                                    | 10        | LEMON ROSEMARY<br>CHICKEN THIGH                       | 10        | GRILLED HERB<br>SWORDFISH                             | 10        | LITTLENECK CLAMS W/<br>PANCETTA & SPRING ONIONS           | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| HONEYDEW & ARUGULA SALAD<br>W/ GRILLED CHICKEN        | 10        | SPINACH, ROASTED PEPPERS<br>& GOAT CHEESE QUICHE      | 10        | SESAME CRUSTED TUNA<br>W/ GINGER CREAM                | 10        | GROUPEL<br>FLORENTINE                                 | 10        | BROTHY MEATBALLS W/<br>VEGETABLES OVER FREGOLA        | 10        | CHEESE<br>MANICOTTI                                       | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                               |           | <i><b>VEGETABLE</b></i>                                   |           |
| BROCCOLI<br>ROASTED CARROTS                           |           | BRUSSELS SPROUTS<br>ROASTED TOMATO & CRIMINI          |           | MUSTARD GREENS<br>HARVARD BEETS                       |           | SAUTEED SPINACH<br>JULIENNE VEGETABLES                |           | GREEN BEAN AMANDINE<br>WHIPPED BUTTERNUT SQUASH       |           | GRILLED ASPARAGUS<br>RATATOUILLE                          |           |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                  |           | <i><b>STARCH</b></i>                                      |           |
| BUTTERED NOODLE<br>FRIED RICE<br>BAKED POTATO         |           | ROASTED HOME FRIES<br>WILD RICE<br>SWEET POTATO       |           | ROASTED DICED YAMS<br>BLACK RICE<br>BAKED POTATO      |           | ROATED YUKONS<br>FRIED RICE<br>SWEET POTATO           |           | CELERY ROOT MASHED<br>PESTO RICE<br>BAKED POTATO      |           | LA GAZELLE POTATOES<br>HERBED FARRO PILAF<br>SWEET POTATO |           |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                     |           | <i><b>LIGHTER FARE ENTRÉE</b></i>                         |           |
| CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION | 10        | CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION     | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                     |           | <i><b>ALTERNATIVE CHOICES</b></i>                         |           |
| ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        | ROAST CHICKEN   | 10        |
| BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        | BURGER DELUXE   | 10        |
| VEGAN BURGER DEUXE                                    | 10        | VEGAN BURGER DEUXE                                    | 10        | VEGAN BURGER DEUXE                                    | 10        | VEGAN BURGER DEUXE                                    | 10        | VEGAN BURGER DEUXE                                    | 10        | VEGAN BURGER DEUXE  | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                   |           | <i><b>VEGAN</b></i>                                       |           |
| RED LENTIL PASTA<br>PRIMAVERA                         | 10        | RED LENTIL PASTA<br>PRIMAVERA                         | 10        | SWEET POTATO &<br>QUINOA BOWL                         | 10        | SWEET POTATO &<br>QUINOA BOWL                         | 10        | TOFU STEAK W/<br>MISO SHIITAKE                        | 10        | TOFU STEAK W/<br>MISO SHIITAKE                            | 10        |
|   |           |   |           |   |           |   |           |   |           |   |           |
| <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                 |           | <i><b>DESSERT</b></i>                                     |           |
| CARROT BAR  | 2         | BLUEBERRY PEAR CRISP                                  | 2         | LEMON COCONUT CAKE                                    | 2         | TRIPLE CHOCOLATE CAKE                                 | 2         | TIRAMISU  | 2         | MINI CANNOLI  | 2         |
| OREO COOKIE TART                                      | 2         | BOSTON CREAM PIE                                      | 2         | PECAN PIE   | 2         | CHERRY PIE  | 2         | STRAWBERRY RHUBARB PIE                                | 2         | LATTICE APPLE PIE   | 2         |
| ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         | ICE CREAM   | 2         |
| ALA MODE/JELLO/PUDDING                                | 2         | ALA MODE/JELLO/PUDDING                                | 2         | ALA MODE/JELLO/PUDDING                                | 2         | ALA MODE/JELLO/PUDDING                                | 2         | ALA MODE/JELLO/PUDDING                                | 2         | ALA MODE/JELLO/PUDDING                                    | 2         |
| FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP                                       | 2         | FRESH FRUIT CUP   | 2         |
| COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         | COOKIES (2)   | 2         |

Key **GF** Suggestion for Gluten Free **D** Suggestion for Diabetic **LSF** Suggestion for Low Salt/Fat **VG** Suggestion for Vegan

**V** Suggestion for Vegetarian (May contain Dairy)

**NEXDINE - 2024 SPRING WEEK #4**

| <b>MONDAY</b>   | <b>\$</b>                  | <b>TUESDAY</b>   | <b>\$</b>                  | <b>WEDNESDAY</b>  | <b>\$</b>                  | <b>THURSDAY</b>  | <b>\$</b>                  | <b>FRIDAY</b>  | <b>\$</b>                  | <b>SATURDAY</b>   | <b>\$</b>                  |
|---|----------------------------|--|----------------------------|---|----------------------------|--|----------------------------|--|----------------------------|---|----------------------------|
| <b><i>SOUP</i></b><br>CANNELLINI BEAN & KALE  | 2                          | <b><i>SOUP</i></b><br>BACON, CORN CHOWDER  | 2                          | <b><i>SOUP</i></b><br>CHILLED GAZPACHO  | 2                          | <b><i>SOUP</i></b><br>MINISTRONE   | 2                          | <b><i>SOUP</i></b><br>NEW ENGLAND CHOWDER  | 2                          | <b><i>SOUP</i></b><br>POT ROAST   | 2                          |
|   |                            |  |                            |   |                            |  |                            |  |                            |   |                            |
| LS CONSOMMÉ<br>BUTTERNUT SQUASH   | 2                          | LS CONSOMMÉ<br>BUTTERNUT SQUASH  | 2                          | LS CONSOMMÉ<br>BUTTERNUT SQUASH   | 2                          | LS CONSOMMÉ<br>FRENCH ONION  | 2                          | LS CONSOMMÉ<br>FRENCH ONION  | 2                          | LS CONSOMMÉ<br>FRENCH ONION   | 2                          |
|   |                            |  |                            |   |                            |  |                            |  |                            |   |                            |
| <b><i>SALAD</i></b><br>WATERMELON CUCUMBER FETA<br>MESCLUN  | 2<br>2                     | <b><i>SALAD</i></b><br>WALDORF<br>MESCLUN  | 2<br>2                     | <b><i>SALAD</i></b><br>CAESAR<br>MESCLUN  | 2<br>2                     | <b><i>SALAD</i></b><br>MACARONI<br>HOUSE SALAD   | 2<br>2                     | <b><i>SALAD</i></b><br>TABBOULEH<br>HOUSE SALAD  | 2<br>2                     | <b><i>SALAD</i></b><br>MELON & PROSCIUTTO<br>HOUSE SALAD  | 2<br>2                     |
| <b><i>ENTRÉE</i></b><br>BBQ PORK SPARE<br>RIBS  | 10                         | <b><i>ENTRÉE</i></b><br>DUCK CONFIT W/<br>BLACKBERRY GLAZE   | 10                         | <b><i>ENTRÉE</i></b><br>TERES MAJORS W/<br>MUSHROOMS & LEEKS  | 10                         | <b><i>ENTRÉE</i></b><br>BRAISED BRISKET<br>W/ SAUTEED ONIONS   | 10                         | <b><i>ENTRÉE</i></b><br>SPRING BEEF STEW<br>W/ CARROTS & ASPARAGUS   | 10                         | <b><i>ENTRÉE</i></b><br>ROSEMARY RACK<br>OF LAMB  | 10                         |
|   |                            |  |                            |   |                            |  |                            |  |                            |   |                            |
| ALMOND CRUSTED<br>BARRAMUNDI  | 10                         | SHRIMP & SCALLOP<br>CREOLE   | 10                         | GREEK STYLE CHICKEN<br>SKEWER w/ TZATZIKI SAUCE   | 10                         | ROMAN-STYLE<br>BRAISED CHICKEN THIGH   | 10                         | GRILLED SALMON<br>OVER CITRUS FENNEL SALAD   | 10                         | CHICKEN<br>SALTIMBOCCA  | 10                         |
|   |                            |  |                            |   |                            |  |                            |  |                            |   |                            |
| STUFFED SHELLS &<br>BEEF BOLOGNESE  | 10                         | CHEDDAR BROCCOLI<br>QUICHE   | 10                         | WHITE WINE<br>STEAMED MUSSELS   | 10                         | SEAFOOD FRA DIAVOLO<br>OVER PASTA  | 10                         | EGGPLANT<br>PARMESAN   | 10                         | CHARRED AVOCADO & GREENS<br>W SHRIMP & LOBSTER SALAD  | 10                         |
|   |                            |  |                            |   |                            |  |                            |  |                            |   |                            |
| <b><i>VEGETABLE</i></b><br>BROCCOLLI RABE<br>HONEY ROASTED PARSNIP  |                            | <b><i>VEGETABLE</i></b><br>PEAS & PEARL ONIONS<br>BABY CARROTS   |                            | <b><i>VEGETABLE</i></b><br>PARMESAN SKILLET ZUCCHINI<br>ACORN SQUASH  |                            | <b><i>VEGETABLE</i></b><br>ESCAROLE & WHITE BEAN<br>CORN O'BRIEN   |                            | <b><i>VEGETABLE</i></b><br>SWISS CHARD<br>MIXED VEGETABLES   |                            | <b><i>VEGETABLE</i></b><br>BUTTERNUT & CHAYOTE HASH   |                            |
| <b><i>STARCH</i></b><br>ROAST FINGERLING POTATOES<br>CAVATAPPI<br>BAKED POTATO  |                            | <b><i>STARCH</i></b><br>POTATO PANCAKE<br>DIRTY RICE<br>SWEET POTATO   |                            | <b><i>STARCH</i></b><br>LA GAZELLE POTATOES<br>CONFETTI RICE<br>BAKED POTATO  |                            | <b><i>STARCH</i></b><br>STEAK FRIES<br>PARSLEY RIGATONI<br>SWEET POTATO  |                            | <b><i>STARCH</i></b><br>BUTTERED PAPPARDELLA<br>BLENDED RUBY WILD RICE<br>BAKED POTATO   |                            | <b><i>STARCH</i></b><br>GARLIC MASHED POTATO<br>TOMATO RICE<br>SWEET POTATO   |                            |
| <b><i>LIGHTER FARE ENTRÉE</i></b><br>CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION  | 10                         | <b><i>LIGHTER FARE ENTRÉE</i></b><br>CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION   | 10                         | <b><i>LIGHTER FARE ENTRÉE</i></b><br>CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION  | 10                         | <b><i>LIGHTER FARE ENTRÉE</i></b><br>CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION   | 10                         | <b><i>LIGHTER FARE ENTRÉE</i></b><br>CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION                                     | 10                         | <b><i>LIGHTER FARE ENTRÉE</i></b><br>CAESAR OR HOUSE SALAD W/<br>A DAILY PROTEIN SELECTION  | 10                         |
| <b><i>ALTERNATIVE CHOICES</i></b><br>ROAST CHICKEN<br>BURGER DELUXE<br>VEGAN BURGER DEUXE   | 10<br>10<br>10             | <b><i>ALTERNATIVE CHOICES</i></b><br>ROAST CHICKEN<br>BURGER DELUXE<br>VEGAN BURGER DEUXE  | 10<br>10<br>10             | <b><i>ALTERNATIVE CHOICES</i></b><br>ROAST CHICKEN<br>BURGER DELUXE<br>VEGAN BURGER DEUXE   | 10<br>10<br>10             | <b><i>ALTERNATIVE CHOICES</i></b><br>ROAST CHICKEN<br>BURGER DELUXE<br>VEGAN BURGER DEUXE  | 10<br>10<br>10             | <b><i>ALTERNATIVE CHOICES</i></b><br>ROAST CHICKEN<br>BURGER DELUXE<br>VEGAN BURGER DEUXE                                      | 10<br>10<br>10             | <b><i>ALTERNATIVE CHOICES</i></b><br>ROAST CHICKEN<br>BURGER DELUXE<br>VEGAN BURGER DEUXE   | 10<br>10<br>10             |
| <b><i>VEGAN</i></b><br>CRISPY BLACK BEAN CAKE/<br>SOUR CREAM & AVOCADO  | 10                         | <b><i>VEGAN</i></b><br>CRISPY BLACK BEAN CAKE/<br>SOUR CREAM & AVOCADO   | 10                         | <b><i>VEGAN</i></b><br>BLACKENED MUSHROOMS W/<br>GRITS & GREENS   | 10                         | <b><i>VEGAN</i></b><br>BLACKENED MUSHROOMS W/<br>GRITS & GREENS  | 10                         | <b><i>VEGAN</i></b><br>BBQ TOFU & VEGGIE<br>SKEWERS  | 10                         | <b><i>VEGAN</i></b><br>BBQ TOFU & VEGGIE<br>SKEWERS   | 10                         |
| <b><i>DESSERT</i></b><br>APPLE STRUDEL<br>DAVID'S CRUMB CAKE<br>ICE CREAM<br>ALA MODE/JELLO/PUDDING<br>FRESH FRUIT CUP<br>COOKIES (2) | 2<br>2<br>2<br>2<br>2<br>2 | <b><i>DESSERT</i></b><br>GERMAN CHOCOLATE CAKE<br>STRAWBERRY TART<br>ICE CREAM<br>ALA MODE/JELLO/PUDDING<br>FRESH FRUIT CUP<br>COOKIES (2) | 2<br>2<br>2<br>2<br>2<br>2 | <b><i>DESSERT</i></b><br>CHOCOLATE CAKE W/ ICING<br>CRÈME BRÛLÉE<br>ICE CREAM<br>ALA MODE/JELLO/PUDDING<br>FRESH FRUIT CUP<br>COOKIES (2) | 2<br>2<br>2<br>2<br>2<br>2 | <b><i>DESSERT</i></b><br>CHOCOLATE MUD CAKE<br>LEMON MERINGUE PIE<br>ICE CREAM<br>ALA MODE/JELLO/PUDDING<br>FRESH FRUIT CUP<br>COOKIES (2) | 2<br>2<br>2<br>2<br>2<br>2 | <b><i>DESSERT</i></b><br>BANANA MOUSSE<br>PUMPKIN PIE<br>ICE CREAM<br>ALA MODE/JELLO/PUDDING<br>FRESH FRUIT CUP<br>COOKIES (2) | 2<br>2<br>2<br>2<br>2<br>2 | <b><i>DESSERT</i></b><br>CHOCOLATE CHEESECAKE<br>BLUEBERRY PIE<br>ICE CREAM<br>ALA MODE/JELLO/PUDDING<br>FRESH FRUIT CUP<br>COOKIES (2) | 2<br>2<br>2<br>2<br>2<br>2 |

Key GF Suggestion for Gluten Free D Suggestion for Diabetic LSF Suggestion for Low Salt/Fat VG Suggestion for Vegan

V Suggestion for Vegetarian (May contain Dairy)